

HYPOGLYCAEMIA

LOW

Blood Glucose Level < 4.0mmol/L

**DO NOT LEAVE CHILD ALONE
DO NOT DELAY TREATMENT**

Signs and symptoms

Note: Symptoms may not always be obvious.
Pale, headache, shaky, sweaty, dizzy, drowsy, changes in behavior.

Child conscious
(Able to eat hypo food)

**Child unconscious/
drowsy**
(Risk of choking/unable
to swallow)

**If BGL
2-4
Give fast
acting
carb**
(As supplied)

**If BGL
<2 Give
fast acting
carb**
(As supplied)

**First Aid
DRSABC**
Stay with
unconscious
child

**Recheck
BGL after
15 mins**
If BGL < 4.0
repeat fast
acting carb

**Recheck
BGL after
15 mins**
If BGL < 4.0
repeat fast
acting carb

**CALL AN
AMBULANCE
DIAL 000**

Give
sustaining
carb
(as supplied)

**Contact
parent/
guardian**
When safe to
do so

PARENT / GUARDIAN NAME _____

CONTACT No _____

EARLY CHILDHOOD EDUCATION AND CARE SETTING

Insulin pump

Use in conjunction with management plan

DIABETES ACTION PLAN 2017



CHILD'S NAME

CENTRE

INSULIN

The insulin pump continually delivers insulin.

The pump will deliver insulin based on carb and BGL entries. All BGLs must be entered into the pump*

Able to button push: with supervision
 with assistance

ROUTINE BGL CHECKING TIMES

- Anytime, anywhere in the centre
- Prior to lunch and other times as per management plan
- Anytime hypo is suspected
- Prior to planned activity

PHYSICAL ACTIVITY

- 1 serve sustaining carb before every 30 mins of planned activity (**no bolus**)
- Vigorous activity should **not** be undertaken if BGL > 15.0 and blood ketones are > 0.6
- Usual play time doesn't usually require additional action, but check with parent/guardian about this

*DO NOT ENTER BGL into pump within 1 hour of completing activity (see management plan)

HYPERGLYCAEMIA

HIGH

Blood Glucose Level > 15.0mmol/L

HIGH BGLS ARE NOT UNCOMMON

Signs and Symptoms

Note: Symptoms may not always be obvious.
Some could be: increased thirst, increased urine production, poor concentration, irritability, lethargy.

**IF UNWELL (EG VOMITING) CONTACT
PARENTS TO COLLECT CHILD**

Check Blood Ketones

Blood ketones > 0.6 requires immediate treatment

Blood Ketones
< 0.6

Blood Ketones
> 0.6

Correction bolus
Recheck BGL in 2 hrs

Potential line failure.
Contact parent/
guardian for further
advice.

**BGL < 15
indicates
line is
working**

**BGL
> 15**

May need injected insulin
and line change.

DATE _____

HOSPITAL _____

TREATING DNE _____

CONTACT No _____